

E-safety: parent information

Tips for Parents at Home:

1. Consider Internet filtering at home and child-friendly search engines.
2. Check out what child protection services your Internet Service Provider (ISP) offers. Do they filter for spam, for instance? If not, ask them why.
3. Keep the computer in a communal area of the house, where it's easier to monitor what your children are viewing.
4. Tell children not give out their personal details. If they want to subscribe to any services online, use a family email address to receive the mail.
5. Make sure your children only use moderated chat rooms (BBC Online offers many moderated forums). Encourage them to introduce you to their online friends.
6. Encourage your children to tell you if they feel uncomfortable, upset or threatened by anything they see online.
7. Involve your children in writing your own family code of acceptable internet use.
8. Computers are expensive, so bear in mind a child with a laptop may be vulnerable if carrying it to and from school.
9. The internet is a great resource for homework, but remember to use more than one site in research for a balanced view.
10. Surf together. Go online with your children and become part of their online life. The key to safe surfing is communication. Discuss Internet use with your child and encourage your son or daughter to be responsible in their use.