



Reception Newsletter

Thursday 8th October 2026

Weekly Message

This week we have been exploring healthy eating and living. Our focuses have been around discussing balanced diets and sorting foods into their food groups to understand how the food helps us and why we need it. We spoke about personal hygiene and why we need to brush our teeth twice a day and why and when we should wash our hands, completing experiments with soap to show how soap kills germs. We have been painting and printing with fruit and vegetables, as well as dissecting different fruits. We enjoyed the rain on Thursday and worked together to collect rainwater to add to our mud kitchen and sandpit.

In Phonics, we learnt the sounds g, o, u and l. In maths, we explored making groups of 3 and 4 and discussing whether a collection of items need to be the same for there to be 3 objects, for example if there are 2 glue sticks and one pencil, there are still 3 items altogether.

Today, we have sent home an 'Autumn Treasure Hunt' envelope. This is for collecting Autumn items (leaves, conkers, acorn, pine cones, sticks) to bring into school next week to help with one of our Autumn art projects. You could go on a walk round the park, outside your home, walk to school and see what Autumn items you can find.

A peek at the week

Next week, we will be learning all about the season Autumn. We will discuss the changes that we see and feel in the environment. Our focus books will be The Leaf Thief and Leaf Man. We will be discussing hibernation and acting it out. In English, we will be writing descriptions of what we see in Autumn using initial sounds and some CVC words.

Home Learning

We would love if you could go on an Autumn Walk to see what treasures you may find to add to the Autumn envelope sent home. We will use these as part of our Autumn art project over the next two weeks.

Practice letter formation of the sounds we have learnt this week and blending words with these sounds in. for example d-o-g.

EYFS Donations

Reminders

Parent consultations:
21st and 22nd
October.



Our week in pictures



