



SHERINGDALE

Year 1- Phonics, Spelling and Grammar Long-Term Plan

Autumn 1		
	Phonics / Spelling	Grammar
Week 1 (2 days)	Book band assessments	
Week 2 PSC baseline assessments	sh, ch	Rainbow capitals
Week 3	th, ng	Sentence sticking
Week 4	qu, ar	Capital letters
Week 5	ff, ll	Common nouns
Week 6	ss, zz	Proper nouns
Week 7	ck, y for /ee/	Alphabetical order
Week 8	oa, ue, ou	a or an
Autumn 2		
	Phonics/Spelling	Grammar
Week 1	a-e, e-e	Plurals
Week 2	i-e, o-e	Pronouns
Week 3	u-e, split digraph revision	Initial blends
Week 4	wh for /w/, ay	Verbs
Week 5	ea, igh	Past tense
Week 6	ure, air	Doubling rule
Week 7	ear, all trigraphs revision	Future tense
Spring 1		
	Phonics/Spelling	Grammar
Week 1	y for /ie/, ow for /oa/, ow for /ow/	Alphabetical order
Week 2	ew for /ew/, ew for /oo/	Nouns
Week 3	ou, oi, oy	Adjectives
Week 4	nk, er, ir, ur, alternative 'or' sounds	Final blends
Week 5	oo for /oo/, oo for /u/, oa, ue	Compound words
Week 6	igh, air, ear, ure	Verbs
Spring 2		
	Phonics/Spelling	Grammar
Week 1	Long a and e alternatives	Plurals



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Week 2	Long i and o alternatives	Questions
Week 3	Long u alternatives, ou, ar	questions
Week 4- start of revision	Revision	Revision
Week 5		
Summer 1		
	Phonics/Spelling	Grammar
Week 1	Revision	Revision
Week 2		
Week 3		
Week 4		
Week 5		
Week 6		
Week 7		
Summer 2		
	Phonics/Spelling	Grammar
Week 1	Revision	Revision
Week 2 (PSC week)		
Week 3		
Week 4		
Week 5		
Week 6		
Week 7		