

**Sheringdale After
School Club Snack
Menu Winter
Week 1**

Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato with Beans or Cheese	Cheese Baguette	Cheese Sandwich	Mini Pizzas	Pasta Bake
	Ham Baguette	Tuna Sandwich		
Veg Sticks	Tomato Slices	Cucumber Sticks	Carrot Sticks	Mixed Salad
Daily selection such as cookie, cake, flapjack, fresh fruit				
Water				

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Salad Wrap	Cheese & Crackers	Cheese Baguettes	Cheese Bagel	Crumpets with Jam
Tuna Salad Wrap	Ham & Crackers	Ham Baguette	Tuna Bagel	
Cucumber Sticks	Carrot Sticks	Cucumber Sticks	Veg Sticks	Apples Slices
Daily selection such as cookie, cake, flapjack, fresh fruit				
Water				

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Sandwich	Cheese Baguette	French Bread Pizzas	Crackers with Cheese & Carrot Sticks or Apple	Pasta Bake
Ham Sandwich	Tuna Baguette		Warm Sausage Roll	
Cucumber Sticks	Tomato Slices	Veg Sticks	Baked Beans	Mixed Salad
Daily selection such as cookie, cake, flapjack, fresh fruit				
Water				