

Sheringdale After School Club

Snack Menu Winter

Week 1					
	Monday	Tuesday	Wednesday	Thursday	Friday
	Jacket Potato with Beans or Cheese	Cheese Baguette	Cheese Sandwich	Mini Pizzas	Pasta Bake
		Ham Baguette	Tuna Sandwich		
	Veg Sticks	Tomato Slices	Cucumber Sticks	Carrot Sticks	Mixed Salad
	Daily selection such as cookie, cake, flapjack, fresh fruit				
	Water				
Week 2					
	Monday	Tuesday	Wednesday	Thursday	Friday
	Cheese Salad Wrap	Cheese & Crackers	Cheese Baguettes	Cheese Bagel	Crumpets with Jam
	Tuna Salad Wrap	Ham & Crackers	Ham Baguette	Tuna Bagel	
	Cucumber Sticks	Carrot Sticks	Cucumber Sticks	Veg Sticks	Apples Slices
	Daily selection such as cookie, cake, flapjack, fresh fruit				
	Water				
Week 3					
	Monday	Tuesday	Wednesday	Thursday	Friday
	Cheese Sandwich	Cheese Baguette	French Bread Pizzas	Crackers with Cheese & Carrot Sticks or Apple Slices	Pasta Bake
	Ham Sandwich	Tuna Baguette		Warm Sausage Roll	
	Cucumber Sticks	Tomato Slices	Veg Sticks	Baked Beans	Mixed Salad
	Daily selection such as cookie, cake, flapjack, fresh fruit				
	Water				